

Pam's Recipe for Tuna cake

1 tin of tuna drained

1 cup flour

2 eggs

1 tablespoon vegetable oil

crushed garlic or garlic puree

Method

***Mix these well together in a bowl**

*** Spread evenly on a greased baking tray**

***Bake in oven 160c for about 15 - 20 mins - until firm**

When cooked and cooled chop into small pieces and freeze until needed. Defrost the day before it is needed.

You can replace tuna with liver and blend ingredients in a blender. Try using SR flour for a bread texture or plain for a more solid texture.